

# 10d9n Best of Tibet

(CTB10B)

CHENGDU / NYINGCHI / LHASA /  
GYANTSE / SHIGATSE / QINGHAI TIBET  
PLATEAU / XINING



MEAL PLAN

21 PLANNED MEALS

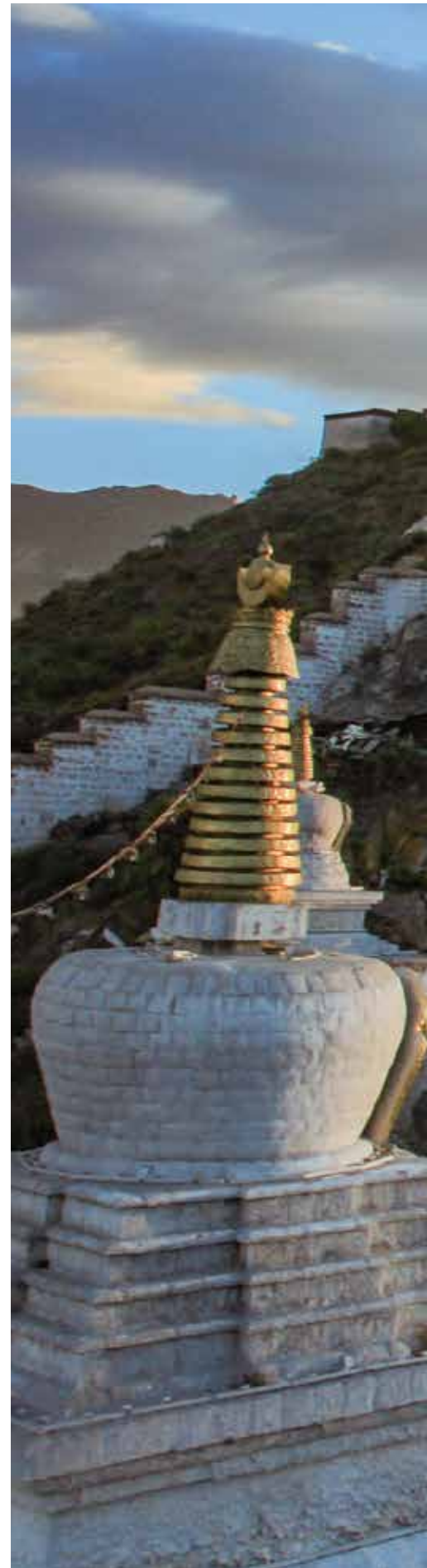
08 BREAKFASTS

06 LUNCHESES

07 DINNERS



CHINA MAP





Potala Palace

**DAY 1**  
**SINGAPORE ✕ CHENGDU (ABOUT 4 HRS)**

Welcome to a unique experience!

- Assemble at Changi airport for departure to **Chengdu**, check in hotel.

**DAY 2**  
**CHENGDU ✕ NYINGCHI (ABOUT 2 HRS)**

- Take domestic flight to **Nyingchi** – arrive at evergreen Nyingchi which lies 2,800 metres above sea level and boasts of fresh blooms all year round. During landing, enjoy the lush forests and streams that dot the landscape.


• **Giant Cypress Nature Reserve, Bayi Town.**

\*Note: For April tour groups, special arrangement to visit Nyingchi Peach Blossom Ditch, where blooming peach blossoms stand out against the green mountains.

 Breakfast | Lunch | Dinner – Stone Pot Chicken

**DAY 3**  
**NYINGCHI 🚗 BASONCO (ABOUT 2 HRS)**  
**🚗 LHASA (ABOUT 6 HRS)**

- Drive to the most beautiful lake in Tibet, **Basong Lake**, also known as “**The Alps of Tibet**”, surrounded by snow-capped mountains and lush forest (Includes electric car).
- Proceed to **Xianren Island** of lake center and explore **Cuocong Temple**.
- Traverse across the 5,230 metres high **Mt. Mila** and pass by **Bangjietang Grassland**.
- Enjoy the beauty of **Niyang River** along the way.
- Arrive at the the holy land of Tibet - **Lhasa**, special arrangement for consultation by professional doctors for altitude sickness.

 Breakfast | Lunch – Bahe Fish Cuisine | Dinner



Nyingchi Peach Blossom Ditch



Pelkhor Choede Monastery

#### DAY 4 LHASA

- **Potala Palace** (Arranged for professional headphone tour) – Highest ancient palace in the world, meant for the residence of the historical Dalai Lama and the Tibet Power Centre.
- **Yaowang Mountain Observation Deck** – best spot for taking a full view of Potala Palace.
- **Jokhang Temple** – The ultimate pilgrimage destination for Tibetan pilgrims
- **Barkhor** - Shopping Street, with a wide variety of exotic souvenirs.
- Night exploration of **Potala Palace Square**, be mesmerised by the dominating solemnity of the palace.

Breakfast | Lunch – Nepal Cuisine | Dinner – Wild Mushroom Steamboat

#### DAY 5 LHASA GYANTSE SHIGATSE (ABOUT 6 HRS)

- Traverse across the snowy **Mount Gangbala** which stands at 4,900 metres above sea level, and enjoy the view of Gangbala radar station from afar.

- **Yamdrotso Lake** – Highest freshwater lake in the world, also known as the Holy Lake in the Skies.
- **Carola Glaciers.**
- **Gyantse** – Filming location for the movie, “A Tale of the Sacred Mountain”.
- **Pelkhor Choede Monastery** – It has beautiful wall paintings along with iconic carvings.
- View **Tsong Burg**, anti-british fort from afar.
- Arrive at **Shigatse.**

Breakfast | Lunch | Dinner

#### DAY 6 SHIGATSE LHASA (ABOUT 3 HRS)

- **Tashilunpo Kloster Monastery** – The residence of Panchen Lama.
- Stupa of **Panchen Lama.**
- Special arrangement for a scenic train ride back to **Lhasa.** Enjoy the great view of **Yarlong Tseangpo River** along the way as well as a desert landscape.
- Visit **Geology Museum.**

Breakfast | Lunch – Own Expenses in the Train | Dinner – Salted Chicken Delicacy

#### DAY 7 LHASA XINING (ABOUT 22 HRS)

- We will take the **Qinghai-Tibet** train, the route with the highest altitude in the world to **Xi'ning** for the whole day.
- The route: **Lhasa - Damxung - Nagqu - Amdo - Tuotuo River - Gelmud - Xi'ning** (The world's most scenic route, with varied landscapes such as white snowy mountains and barren deserts for a mesmerising experience).
- Arrive at **Xi'ning** the next day.
- On train (4 pax / cabin, no single room available on the train).

Breakfast | Lunch – Own expenses in the train | Dinner – Own expenses in the train

## DAY 8

### XINING 🚗 GUIDE 🚗 XINING (ABOUT 3 HRS FOR ONE WAY)

- Arrive at **Xi'ning**.
- Head to **Guide**, visit Ashgon National Geological Park – **Colourful Danxia Yellow River landscape** (Includes electric car) + **Yellow River Style**.
- Tour by car **Yellow River Square**, back to **Xi'ning**.

🕒 *Breakfast - Own Expenses in the Train | Lunch | Dinner - Muslim Cuisine*

## DAY 9

### XINING

- **Kumbum (Ta'er) Monastery** (Includes electric car) – Birthplace of Tsongkhapa, **founder of the Gelug Sect of Tibetan Buddhism**.
- Outer view of **Dongguan Muslim Temple**.
- **Mojia Street** – Xi'ning local traditional walking street.

🕒 *Breakfast | Lunch | Dinner*

## DAY 10

### XINING ✈️ SINGAPORE

- Transfer to the airport for your flight, back to Singapore.

We hope that you have had an enjoyable vacation with Dynasty Travel and look forward to bring you to your next holiday destination.

🕒 *Breakfast*

#### Note:

- Tour sequence, hotels and meals are subject to change with / without prior notice.
- In the event of any discrepancies between the English and Chinese itineraries, please refer to the Chinese itinerary for accuracy.
- Passengers with high blood pressure or heart health problems and elderly are advised to consult a doctor before joining tour.
- Diplomats and reporters will need special arrangement for the Tibet Entry Permit.
- The facilities and meals offered at Tibet highland are simpler and may not be comparable to developed city in China. Due to safety considerations, drinks are not provided in Tibet.
- Due to airlines schedule, flights between Singapore and the destinations are transit flights.



Yamdroktso Lake

## 15d14n Tibet + Silkroad

(CTB15B)

14 Breakfasts 12 Lunches 13 Dinners

CHENGDU / NYINGCHI / LHASA / GYANTSE / SHIGATSE / QINGHAI / TIBET PLATEAU / XINING / ZHANGYE / JIAYUGUAN / DUNHUANG / TURPAN / URUMQI

DAY 1-8 ITINERARY, PLEASE REFER TO TOUR CODE CTB10B

## DAY 9

### XINING 🚗 ZHANGYE (ABOUT 3 HRS)

- Head to **Zhangye**.
- Through **Osaka Mountain**, drive pass **Mt. Qilian**.
- **Giant Buddhist Temple** – The only remaining **Xixia Buddhist Temple**.

🕒 *Breakfast | Lunch | Dinner - Ganzhou Pork Ribs Cuisine*

## DAY 10

### ZHANGYE 🚗 JIAYUGUAN (ABOUT 4 HRS)

- **Colorful Danxia Geomorphic** (Includes electric car).
- Head to **Jiayuguan** – The western end of the Great Wall
- Ascend to **Jiayuguan Great Wall Tower** (View Qilian Snow Mountain from afar) (Electric car included).
- **Cantilever Wall** – The western end of the Great Wall built in the Ming Dynasty.

🕒 *Breakfast | Lunch | Dinner - Steam Pot Chicken*



Kumbum (Ta'er) Monastery



Crescent Moon Lake

#### DAY 11

### JIAYUGUAN 🚗 DUNHUANG (ABOUT 6 HRS)

- Along the way, enjoy the unique **Northwest Scenery of Gobi**.
- Arrive at **Dunhuang** – Historically regarded as an important city in border defence.
- **Mingsha Hill** (Electric car included).
- **Crescent Moon Lake** – The rare, gorgeous, emerald and crystal-clear spring in a desert.
- **Shazhou Night Market**.

🍽️ Breakfast | Lunch | Dinner - *Silkroad Feast*

#### DAY 12

### DUNHUANG 🚗 LIUYUAN (ABOUT 1.5 HRS)

### 🚗 TURPAN (ABOUT 4 HRS)

- **Mogao Grottoes** (Eco-bus ride included).
- **Watch a movie introducing the history of Mogao Caves** (Est. 20 minutes).
- Enjoy a mesmerising, high-definition movie on “**Fantasy Buddhist Temple**” which shows 7 beautiful caves that are not open frequently (est. 20 minutes).
- Head to **Liuyuan**, take high-speed train to **Turpan**.
- Visit the **Flaming Mountains** as described in the popular novel “**Monkey to the West**” where the Monkey battles Princess Iron Fan.
- **Jiaohe Ancient City** (Includes electric car) - The oldest and most well-preserved native construction city in the world, and also the first place where Tangxiyu’s Supreme Military and Political Institution was set up.

🍽️ Breakfast | Lunch | Dinner - *Xinjiang Roasted Whole Lamb Cuisine*

(For tour groups with more than 16 persons, arrange for one whole roasted lamb)

#### DAY 13

### TURPAN 🚗 URUMQI (ABOUT 3 HRS)

- **Kan'er Well** – The underground irrigation channel of the Gobi Desert.
- **Su Gong Pagoda** – It is the largest mosque in Turpan and largest ancient pagoda in Xinjiang.

- **Grapes Valley, Uyghur Home Visit**.

- **Grape Picking** (Seasonal activity), Uyghur will sing and dance under the grape racks.
- Drive past the largest **Windmill Power Station in Asia** – A unique scenery along Turpan-Urumqi Highway.
- Arrive at **Urumqi** – Capital of **Xinjiang**.

🍽️ Breakfast | Lunch | Dinner - *Big Plate of Chicken*

#### DAY 14

### URUMQI

- Head to **Bogeda Mountain**, the central of Tianshan.
- **Heavenly Lake** (By boat, eco-bus and electric car, but in the event of unforeseen factors, boat ride will be cancelled).
- **The Grand Bazaar** – Large-scale ethnic mall, feel free to shop for souvenirs.

🍽️ Breakfast | Lunch - *Snow Lotus Chicken Pot* | Dinner

#### DAY 15

### URUMQI ✈️ SINGAPORE

- Back to Singapore.

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🍽️ Breakfast

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